

We believe the church should be **the central place of healing** for its members and the community.

Re:generation connects people to Christ and his Church, where **Jesus transforms lives** through the power of the Holy Spirit, God's Word, and his people.

Our Ministry

- Re:generation is a Bible-based discipleship, care, and recovery ministry that walks participants through the 12 steps of healing and growth.
- Because the goal of Re:generation is full devotion to Christ, and not merely sobriety, it reaches beyond addiction recovery to address any struggle standing in the way of a person's relationship with God and others.

Curriculum

- Freedom is a product of daily abiding with Christ. Re:generation daily curriculum is uniquely designed to share the gospel, identify idols, facilitate repentance, outline the biblical process of reconciliation, help people realize and live in their new identity in Christ, and deal with abuse.
- Scripture memory, daily prayer, and community are integrated as critical means of healthy living.

Churches with Re:generation

350+

Churches and organizations offer Re:generation across the United States.

"We didn't know how deeply the healing and freedom from Re:generation would flow through every part of our church and community."

Jim Johnston, Pastor of Care
The Bridge Fellowship in Lebanon, TN



Program Length

Runs approximately **10–12 months** to allow for meaningful spiritual growth.



Audience

Open to **adults ages 18+** pursuing life change through Christ.



Time Commitment

Includes a weekly **2-hour group meeting** and **daily work** through curriculum.



Ministry Model

Participants will meet in **gender-specific, mixed-issue small groups**.

What makes Re:generation different?

Re:generation is more than a traditional Christian recovery ministry. It is for anyone looking to remove obstacles to a deeper fellowship with God.

Spiritual Formation

Daily discipleship helps participants follow Jesus in all areas of life, experience community, repent, discover identity in Christ, and grow in prayer and Scripture.

Living in the Light

Groups foster honest confession, repentance, truth in love, and biblical conflict resolution. They are not a place to hold onto unrepentant sin.

Mixed-Issue Groups

Groups focus on heart transformation, not just one struggle—building awareness, empathy, and equipping leaders to counsel across struggles.

Church Integration

Participants are encouraged to join a local church, find mentors, and serve within their church home.

98%

of participants **grow** in their relationship with Christ

96%

of participants find **greater understanding** of the God of the Bible

99%

experience some type of **growth and freedom** from their struggle

Based on a 2025 survey of 3,500 Re:generation participants.



100+ Common Struggles

Scan here to view **100+ common struggles** Re:generation helps address in your church.



Stories of Hope

To explore the experience from a participant's perspective, visit regenerationrecovery.org.

Financial Consideration & Ministry Support

Program Costs | There are no licensing fees to run Re:generation at your church, only the cost of workbooks. Most churches choose to pass these costs along to the participants, plus a small markup to cover ministry night expenses (childcare, etc.).

Ministry Development Support | Full development support is provided by Watermark Resources, from 1:1 point-leader coaching to training modules and conferences, podcasts, webinars, and administrative resources for leaders at every layer of the ministry.



Have Questions?

Scan here to learn more about bringing Re:generation to **your church**.



WATERMARK
COMMUNITY CHURCH



WATERMARK
RESOURCES